

## Preschool Daily Schedule

<b>Time</b>	<b>Activity</b>	<b>Description</b>
6:30-8:30	<b>Drop-Off</b>	Children say goodbye to their parents and begin their day in the prek room.
8:30-8:45	<b>Good Morning Meeting</b>	Teachers and children sing welcome songs and hear a morning story while a couple helpers set up snack
8:45-9:05	<b>Am Snack</b>	Children wash their hands and have morning snack
9:05-9:15	<b>Music &amp; Movement</b>	Children sing and dance to their favorite songs and games
9:15-9:35	<b>Large Group</b>	Children and teachers gather in a group, singing songs, reading a story, and introducing the topic and activities for the day
9:35-10:30	<b>Learning Centers/Clean Up</b>	Children enjoy a wide variety of activities that include math, science, art, blocks, and dramatic play
10:30-10:40	<b>Review &amp; Outside Prep</b>	The class reviews what they learned during centers and prepares to go outside
10:40-11:15	<b>Outside</b>	Children enhance their gross motor skills while choosing from multiple items outdoors on the playground
11:15-11:25	<b>Cool Down</b>	Lights are dimmed and children gather to read quietly and cool down after recess
11:25-12:00	<b>Lunch</b>	Children enjoy a nutritious and well balanced lunch while discussing their day
12:00-2:30	<b>Nap/Quiet Time</b>	Children either take a small nap or engage in a quiet activity with the teacher
2:30-3:00	<b>Table Toys/Quiet</b>	Children go potty, color, use puzzles, or work with manipulatives as everyone wakes up from nap
3:00-3:15	<b>PM Snack</b>	Children have snack after washing their hands
3:15-3:25	<b>Music &amp; Movement</b>	Children sing and dance to their favorite songs and games
3:25-3:45	<b>Large Group</b>	Children and teachers gather in a group, singing songs, reading a story, and introducing the topic and activities for the day
3:45-4:30	<b>Outside</b>	Children enhance their gross motor skills while choosing from multiple items outdoors on the playground
4:30-5:30	<b>Free Choice</b>	Children choose from a variety of activities including blocks, manipulatives, books, and puzzles.
5:30-6:00	<b>Pick-up</b>	The children join their friends in the prek room for pick up