

<u>Infant Daily Schedule</u>		
Time	Activity	Description
6:30-9:00	Arrival/Free Play	Children say goodbye to parents & children explore throughout the room
9:00-10:00	Breakfast/A.M. Snack/Nap	Breakfast/Snack is served.
10:00 - 11:30	Art Time! Stories & Music and Movement	Children and teachers interact while reading stories, singing songs, and practicing listening skills.
11:30-12:00	Bottles/Lunch	Children are soothed and rocked while gentle music lulls them to sleep
12:00 - 1:30	Nap time	Bottles are fed to children based on their individual schedules. Soft tones and music create a comforting environment.
1:30-2:30	Free Play	Children enhance their fine motor and sensory skills while using a variety of materials to color, paint, and create!
2:30 - 3:00	P.M. Snack	Afternoon snack is served
3:00 - 3:30	Gross Motor	Children spend time inside & outside exploring and increasing gross motor skills
3:30 - 4:00	Afternoon Nap	Children are soothed and rocked while gentle music lulls them to sleep
4:00 - 5:00	Free Play	Children move throughout the room and explore various materials.
5:00 - 6:00	Pick-Up	Children continue to play in their designated area until parents arrive for pick-up

The daily schedule may vary from child to child, based on their individual schedules and developmental stages.